

**TERM THREE**  
**WEEKLY LESSON NOTES**  
**WEEK 7**

<b>Week Ending:</b> 28 <sup>th</sup> OCT, 2022		<b>DAY:</b>	<b>Subject:</b> R.M.E
<b>Duration:</b> 60MINS		<b>Strand:</b> Ethics & Moral Life	
<b>Class:</b> B7	<b>Class Size:</b>	<b>Sub Strand:</b> Substance Abuse	
<b>Content Standard:</b> B7 5.2.1: Demonstrate the need to stay away from immoral thoughts and actions, with a key focus on substance abuse		<b>Indicator:</b> B7 5.2.1.3: Demonstrate knowledge of teachings from the three religions on defensive skills in protecting yourself against substance abuse	<b>Lesson:</b> 1 OF 2
<b>Performance Indicator:</b> Learners can demonstrate knowledge of teachings from the three religions on defensive skills in protecting yourself against substance abuse.		<b>Core Competencies:</b> CG 5.1, CG 5.4:CG 6.1: CP 5.2: CP 6 .3PL 5.4: PL 5.5: PL 6.1: PL 6.4:	
<b>References:</b> R.M.E Curriculum Pg. 18-20			
<b>Phase/Duration</b>	<b>Learners Activities</b>	<b>Resources</b>	
<b>PHASE 1: STARTER</b>	Revise with learners to review their understanding in the previous lesson.  Share performance indicators with learners.		
<b>PHASE 2: MAIN</b>	Guide learners to identify and explain the teachings of the major religions on the need to avoid substance abuse. Teachings: <ul style="list-style-type: none"> <li>• Christianity Bible (Proverbs 20:1 and I Corinthians 6: 19-20) .</li> <li>• Islam: Qur'an (2:219 and 5: 90-91)</li> <li>• Indigenous African Religion: Oral traditions "A man is called a drunkard when he misbehaves, not when he drinks" etc.</li> </ul> In groups, learners role play some of the moral Lesson: <ul style="list-style-type: none"> <li>• Adherence to the teachings of one's religion</li> <li>• Say no to drugs when offered</li> <li>• Seek help from a counsellor, religious teacher, elders or any trusted adult</li> <li>• Avoid bad company of friends, etc.</li> </ul> Learners dramatize the effects of drug abuse and how they will apply lessons from the religious teachings on substance abuse in their life	Pictures and charts	
<b>PHASE 3: REFLECTION</b>	Use peer discussion and effective questioning to find out from learners what they have learnt during the lesson.  Take feedback from learners and summarize the lesson.		

<b>Week Ending:</b> 28 <sup>th</sup> OCT, 2022	<b>DAY:</b>	<b>Subject:</b> R.M.E
<b>Duration:</b> 60MINS		<b>Strand:</b> Ethics & Moral Life
<b>Class:</b> B7	<b>Class Size:</b>	<b>Sub Strand:</b> Substance Abuse
<b>Content Standard:</b> B7 5.2.1: Demonstrate the need to stay away from immoral thoughts and actions, with a key focus on substance abuse	<b>Indicator:</b> B7 5.2.1.3: Demonstrate knowledge of teachings from the three religions on defensive skills in protecting yourself against substance abuse	<b>Lesson:</b> 2 OF 2
<b>Performance Indicator:</b> Learners can demonstrate knowledge of teachings from the three religions on defensive skills in protecting yourself against substance abuse	<b>Core Competencies:</b> CG 5.1, CG 5.4:CG 6.1: CP 5.2: CP 6 .3PL 5.4: PL 5.5: PL 6.1: PL 6.4:	
<b>References:</b> R.M.E Curriculum Pg. 18-20		

Phase/Duration	Learners Activities	Resources
<b>PHASE 1: STARTER</b>	Revise with learners to review their understanding in the previous lesson.  Share performance indicators with learners.	
<b>PHASE 2: MAIN</b>	Guide learners to identify and explain the teachings of the major religions on the need to avoid substance abuse. Teachings: <ul style="list-style-type: none"> <li>• Christianity Bible (Proverbs 20:1 and I Corinthians 6: 19-20) .</li> <li>• Islam: Qur'an (2:219 and 5: 90-91)</li> <li>• Indigenous African Religion: Oral traditions "A man is called a drunkard when he misbehaves, not when he drinks" etc.</li> </ul> In groups, learners role play some of the moral Lesson: <ul style="list-style-type: none"> <li>• Adherence to the teachings of one's religion</li> <li>• Say no to drugs when offered</li> <li>• Seek help from a counsellor, religious teacher, elders or any trusted adult</li> <li>• Avoid bad company of friends, etc.</li> </ul> Learners dramatize the effects of drug abuse and how they will apply lessons from the religious teachings on substance abuse in their life	Pictures and charts
<b>PHASE 3: REFLECTION</b>	Use peer discussion and effective questioning to find out from learners what they have learnt during the lesson.  Take feedback from learners and summarize the lesson.	