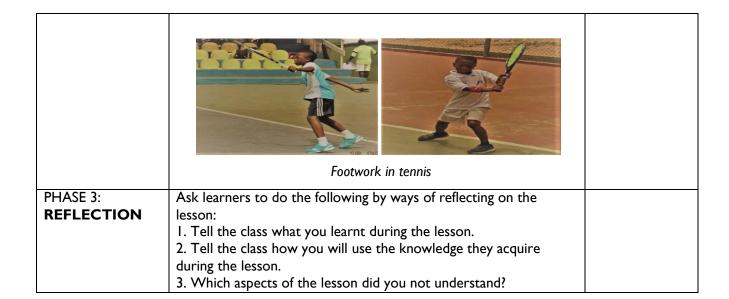
Fayol Inc. 0547824419

FIRST TERM

WEEKLY LESSON PLAN – B8 WEEK 10

REVISION AND END OF TERM ASSESSMENT

Week Ending: 17-03-2023		Day:		Subject: Physical and Health Education						
Duration: 60MINS				Strand: Strands for the term						
Class: B8		Class Size:		Sub Strand: Sub strands for the ter						
Demonstrate knowledge and understanding in			Rec	edicator: ecall and summarize all what they have arnt within the term			Lesson:			
Performance Indicator: Learners can recall and summarize all what they have learnt within the term Core Com CG5.3: CC9 Reference: P H E Curriculum P.g. 22										
Telefore Fire Curriculum 1.8. 22										
Phase/Duration	Learners Activities						Resources			
PHASE I: STARTER	Start the lesson with a recap of the previous lesson. Allow learners to reflect on what they learnt from the previous lesson. Share performance indicators and introduce the lesson.									
PHASE 2: NEW LEARNING	Brainstorm learners to come out the meaning of movement concept. Movement concepts are the ideas used to modify the range and effectiveness of skill employment. This include space awareness, effort and relationship. Apply movement concepts, principles and strategies in learning beginning intermediate level ball and racket sports based on individual adaptation and pacing. Use adapted rules and equipment to foster inclusion. Create and organize small-group competitions to develop confidence, empowerment and collaboration. Record estimate of duration/measure of performance in your self-journal as your effort to increase involvement in physical activity									



Week Ending: 17-03-2023		Day:		Subject: Physical and Health Education					
Duration: 60MINS				Strand: Strands for the term					
Class: B8		Class Size:		Sub Strand: Sub strands for the term					
Content Standard: Demonstrate knowledge and understanding in the topics treated so far.			Rec	Indicator: Recall and summarize all what they have learnt within the term			Lesson:		
						Competencies: CC9.2: CC9.3:			
Reference: PHI	E Curriculum								
Phase/Duration PHASE I: STARTER			olay all the materials needed		Resources Exercise books, pen, pencils,				
	Educate t	Educate them on the consequences of examination mal practice.					erasers, Answer sheets.		
PHASE 2: NEW LEARNING	the assess	Engage learners to arrange themselves properly to sit for the assessment test. Mark learners answer sheets or exercise books.					SBA, Assessment Questions and exercise books.		
	Fill in lear	Fill in learner's SBA books and report cards.							
		Distribute learners answer sheets or exercise books for feedback.							